Your name (first and last):

enclose

Title:

First line of your

12+years ]6-11 years

**Simon Cooke** 

Please cut out and tape or glue to the front of your shoebox lid.

"It's an unconditional gift made with love from one child to another."

## Changing Lives, one box at a time...

With love from you, each shoebox is given out in poor communities in Eastern Europe bringing much needed joy and excitement.

#### What to do:

- **1.Use our Flat-pack OR Find an empty shoebox.** Wrap the lid and box separately if needed.
- **2.Boy, Girl or Home?** Choose who you'd like your box to go to and fill out the label. Stick the label to the front of your shoebox.
- 3.Personalise your shoebox take a look at the list of gift ideas in this leaflet. More ideas are also available online.
- **4.Make your donation** Online at teams4u.com or fill in the form in this leaflet and put it in the envelope provided along with the recommended donation of £3 and place inside your shoebox. This donation helps us to get the shoebox to the children.
- 5. Close the box with an elastic band.

**6.Drop off your shoebox** – Find your nearest drop



# WHAT CAN GO IN MY SHOEBOX?

Please choose a selection of items from those suggested below (more ideas are available on our website) but please do not include anything from the 'NO' list.

Items should be **new**, however pre-loved items in good condition are acceptable.

### For boys or girls:

Toothbrush & toothpaste, hair accessories/brush, soap & face cloth, stationery & paper, gloves, hat & scarf, new socks/underwear, a soft toy, game, puzzle, small musical instruments, toy vehicles, small ball, sweets (use by date from June), a photo and message from yourself.

#### The Home box:

Candles, cooking utensils, plastic containers, t-towels, washing up cloths, hairbrush, small toiletries, bowls & cups, small decoration, soap, clothes pegs, headscarves, new socks and underwear, jewellery, new makeup.

#### NO:

Food (only exception is sweets), medicines, military themed items, anything highly flammable, sharp items, novels.

No sanitary items in shoeboxes although they can be sent out separately.

Looking for more ideas? Please visit our YouTube channel to watch videos of example shoeboxes being made.



## @teams4Utube

Please ensure all items are as new as possible and undamaged. Preferably handmade and not homemade. All shoeboxes are checked and we reserve the right to remove any unsuitable items. Sometimes we may have to change a shoebox to meet our packaging requirements. We aim to disturb your shoebox as little as possible.



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