



## What can go in my shoebox?

Please choose a selection of items from those suggested below – this is not meant to be an exhaustive list (**more ideas are available on our website**) but please do not include anything from the 'NO' list.

### For boys or girls:

Toothbrush & toothpaste, hair accessories/brush, soap & face cloth, stationery & paper, gloves, hat & scarf, new socks/underwear

### Please also include:

A soft toy, game, puzzle, small musical instruments, toy vehicles, small rubber ball/inflatable ball, sweets (use by date from March), a photo of yourself.

### The Home box:

Candles, cooking utensils (no knives), \*plastic containers, t-towels (preferably decorative), hairbrush, small toiletries, plastic utensils, bowls & cups, small Christmas decoration, small decorative item, soap, washing up cloths, clothes pegs, headscarves, new socks/underwear, jewellery, make-up.

### Please DO NOT include:

Food (only exception is sweets), medicines, military themed items (such as toy soldiers/tanks/guns), aerosols or anything highly flammable, sharp items, novels.

### Looking for more ideas?

Please visit our YouTube channel to watch videos of example shoeboxes being made.



Please ensure all items are in good condition and undamaged. All shoeboxes are checked and we reserve the right to remove any unsuitable items. Sometimes we may have to change a shoebox to meet our packaging requirements.



Please be aware each area has its own collection dates and drop-off points. Please drop off your box here by the date given:

*Schools/Groups please write/stick/stamp your deadline and drop-off point here:*

Otherwise visit our website or call our office on **01978 310110** for a list of your local drop-off points and the collection dates in your area.

[www.teams4u.com](http://www.teams4u.com)

Teams4U is a registered charity No. 1114131.  
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# T4U

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# GIVE LOVE IN A BOX THIS CHRISTMAS

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# T4U

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making a  
real difference